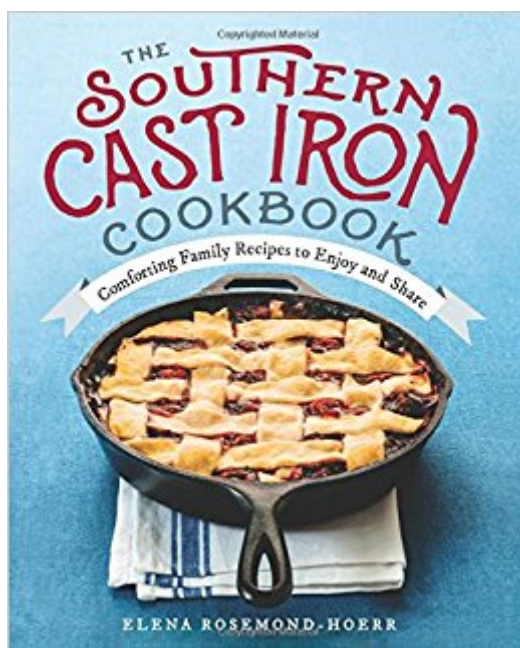


The book was found

The Southern Cast Iron Cookbook: Comforting Family Recipes To Enjoy And Share



Synopsis

Finally, a cast iron cookbook that does with cast iron what cast iron does best—cooks delicious Southern food as timeless as the skillet itself. What's not to love about cast iron? It's versatile. It lasts forever. And most of all, it can cook just about anything. But at its core, cast iron does its best work with Southern fare. No one knows that better than North Carolina native Elena Rosemond-Hoerr, whose culinary roots extend as far into the foothills as they do into Southern cooking. Armed with a collection of skillets both new and old and a love for Southern food, Elena has demonstrated time and time again that cast iron cooking isn't one way to cook—it is the way. The Southern Cast Iron Cookbook offers Elena's heirloom recipes that have been passed down from generation to generation. This cast iron cookbook also serves as a reflection of the past and the future of Southern cooking. So whether you're new to cast iron cooking or you're a "seasoned" veteran, with The Southern Cast Iron Cookbook you'll enjoy: 100 Southern recipes that include beloved staples and new classics alike—along with beloved family stories of real Southern living Handy labels specify which type of cast iron the recipe calls for and all recipes require only a small assortment of cast iron cookware Time-tested tips for getting the most out of your cast iron, new or vintage, as well as instructions for cast iron restoration From fried green tomatoes to skillet corn bread, The Southern Cast Iron Cookbook honors the story of Southern cooking right along with the Southern cook's most prized kitchen possession—the cast iron skillet.

Book Information

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Customer Reviews

"I'm amazed at everything Elena can do with her beloved cast iron! She talks us through how to care for cast iron and even how to bring it back to life in case we find a skillet in someone's backyard, like she did. Elena opens our eyes to just how many foods can be made in a cast iron skillet! This book is full of so much love, and the family recipes she has so graciously shared with us will become my family's favorites too!"
—Christina Lane, author of *Dessert for Two* and *Sweet and Simple*

ELENA ROSEMOND-HOERR was born and raised in Durham, North Carolina. Her familial roots in North Carolina's foothills and mountains reach back to the early colonies and she has the heirloom cast iron to prove it. In 2008 she created the Southern food blog *Biscuits and Such* that started her down a path that would include writing cookbooks and magazine features, and an unexpected career studying and contributing to Southern food culture.

This book is very informative on taking care of black iron cookware, and making it "cooking" worthy! *Southern Cast Iron Cooking* also has some awesome recipes to use in your cast iron cookware once it has been seasoned properly! Love it and suggest if you have questions about the proper way to get long life from your cast iron cookware you can find it in this book!

It gave me a lot of tips and ideas and some recipes I will use. Most of the recipes will have to be "tweaked" a bit because of my family's food preferences and allergies but all in all it was a good cook book.

Good book on cooking any type of foods on cast iron

Love the book but disappointed in the lack of photos! Great shipping and packaged well!

I learned a lot about the care and feeding of cast iron pots and pans. I have used them for years. I have already tried some of the recipes successfully.

I expected more old recipes. These were not to my taste wanted simple fair.

Easy to follow recipes! Love the section on caring for your cast iron and how to season and restore cast iron pieces. Can't wait to make every recipe in this book!

Lots of great ideas and care of product

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